

The education sector's involvement in promoting emotional well-being

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Llywodraeth Cynulliad Cymru
Welsh Assembly Government

Key questions

- **Everybody's Business**
 - **Action plan on CAMHS**
- **Mental Health or Emotional Well-being ?**



Inspection

- **Estyn inspections – from 2010**
- **In Key Question 1 ‘How good are outcomes?’**
 - **the development of attitudes to keeping healthy and safe,**
 - **pupil participation and enjoyment in learning,**
 - **their community involvement and decision making and;**
 - **their social and life skills.**



Inspection

- **In Key Question 2 ‘How good is provision ?**
 - **for health and well-being including spiritual, moral, social and cultural development,**
 - **specialist services, information and guidance,**
 - **safeguarding arrangements and;**
 - **For learners with additional learning needs.**



CYP's Plans – Key Priorities

- **Reduction of Child Poverty**
- Support for families, including parenting, childcare, financial and material wellbeing, and intervention when needed
- Support for children and young people with additional learning needs and/or disabilities
- Support for the social, emotional and psychological needs of children and young people
- Action to reduce NEETs and youth unemployment
- Action to tackle educational underachievement
- Support for interagency work on child protection



General approaches

- **New curriculum – more skills based**
- **Children and Young People's Plans – key priority**
- **Flying Start**
- **Foundation Phase**

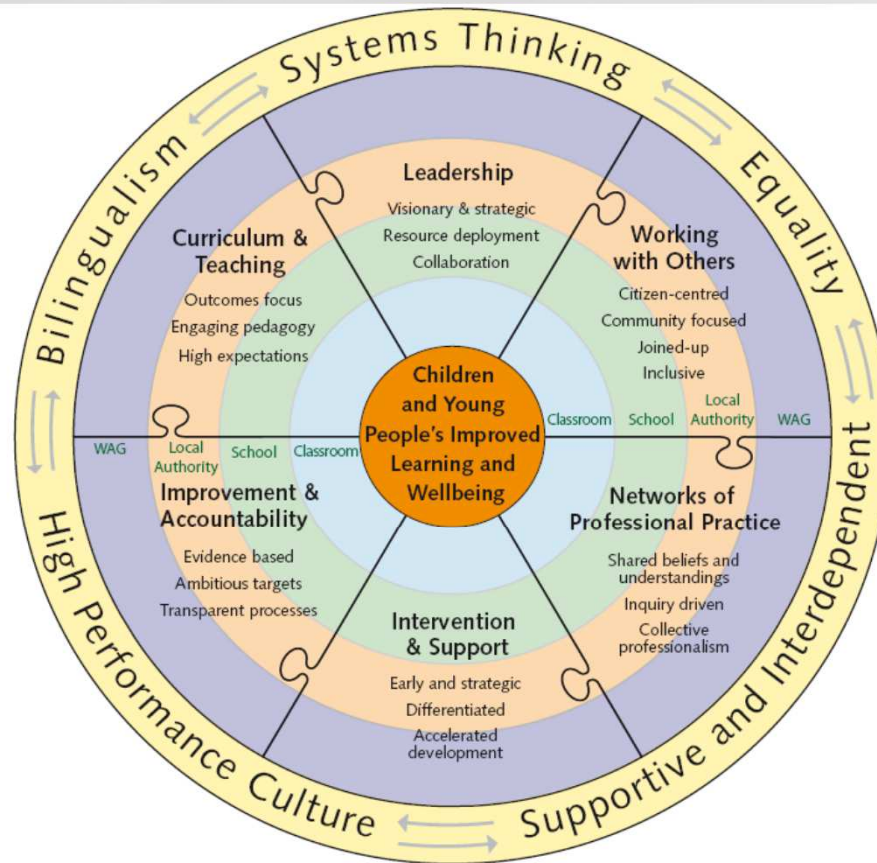


General approaches

- **Learning Pathways – personal support**
- **National Behaviour and Attendance Action Plan**
- **Greater participation of CYP**
- **Preventing and tackling bullying**
 - **Follow-up of national survey with LAs**
 - **New guidance – SEN and disability, race and culture, homophobia, cyber-bullying**
- **School Effectiveness Framework – tri-level reform**



School Effectiveness Framework



Welsh Assembly Government



Local Authority



School



Classroom



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Specific approaches

- **School-based counselling strategy**
- **Good practice document**
- **Welsh Network of Healthy Schools Schemes**
- **Demonstrating success – social and emotional disposition and skills measures**



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School-based Counselling Services in Wales

a National Strategy



Information

Information document No: 060/2008
Date of issue: April 2008



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School-based counselling strategy

- **Response to Clywch Inquiry**
- **Access across all Wales**
- **Funding of £1m, £2.5m, £4.5m over last 3 years**
- **Diploma qualified counsellors**
- **Initial focus on secondary-age**
- **4 primary pilots**
- **Proposals from CYP Partnerships**
- **Tie-in with Suicide Prevention Action Plan**
- **Toolkit for local authorities**





Thinking Positively

Emotional Health and Well-being in Schools and Early Years Settings



Consultation

Consultation document No: 06/3/2009

Date of issue: 3 March 2009

Action required: Responses by 29 May 2009



Good practice guidelines

- **To be released on internet in June 2010**
- **To assist schools and LAs to identify and operate good practice in:**
 - **Promotion of mental health / emotional well-being**
 - **Supporting specific pupils with extra needs**
 - **Referring on pupils with complex needs**
- **Emphasises schools' roles within Tier 1 of CAMHS**
- **Highlights good practice currently being undertaken:**
 - **Pastoral, participation, discipline, support**
 - **SEAL – Social and Emotional Aspects of Learning**
 - **Webster-Stratton**
 - **PATHs (Promoting Alternative Thinking Strategies)**
 - **Student Assistance Programme etc.**



Healthy Schools

- **Welsh Network of Healthy Schools Schemes**
- **Whole-school approach covering range of relevant areas**
- **National Quality Award**
 - **Leadership and communication**
 - **Curriculum**
 - **Ethos and environment**
 - **Family and community involvement**
- **Case studies document**



Demonstrating Success – Social and Emotional Dispositions and Skills

- **Research project in a range of settings - Arad**
- **Measure impact of services that young people receive on their SEDS**
- **Assessment through observation of behaviours and actions not assessment of personality**



Demonstrating Success – SEDS

- **Demonstrating Success Handbook for was piloted Sep 09 to April 2010**
- **Background, model, tools and guidance**
- **Four areas:**
 - **Interaction**
 - **Respect for Others**
 - **Motivation and Active Participation**
 - **Independence**
- www.demonstratingsuccess.com

